

Home

2019



Home is a place where you feel like you belong. Where you're welcomed, encouraged, supported, and can discover yourself. We spent 1,260 hours together this year, and that's before we remained after school for rehearsals, practices, theater, music performances, games and clubs. You can't spend this much time together without creating lasting friendships and cherished memories, and it's those very experiences that make PHS the place that we call home.

This year's cover was designed and created by a very talented senior, and fellow yearbook staffer, Jadella Rivers. She created a beautiful depiction of our home that we can look back on fondly for years to come.
Thank you, Jadella!



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Welcome
HOME

FOR MANY YEARS MS. MARCUS AND MRS. DIGAN HAVE BEEN CONSISTENTLY ENCOURAGING AND SUPPORTING THE SENIOR CLASS IN ANYTHING WE WANTED TO ACHIEVE. NOW IS OUR CHANCE TO SAY THANK YOU FOR YOUR UNCONDITIONAL SUPPORT. WE WILL MISS YOU BOTH!

MS. MARCUS, MOST OF US WERE IN YOUR BIOLOGY CLASS AND WE CAN ALL AGREE THAT WAS AN ADVENTURE BUT IN THE BEST WAY. SOME OF US EVEN HAD YOUR EARTH SCIENCE CLASS WHEN WE WERE FRESHMEN AND YOU WERE TRYING TO FIGURE OUT PROFICIENCY BASED LEARNING WITH US. OVERALL THE LOVE AND SUPPORT YOU GAVE OUR CLASS FRESHMAN AND SOPHOMORE YEAR CHANGED OUR LIVES FOR THE BETTER.



OUR TREASURED SCIENCE WING DUO



MRS. DIGAN, MANY OF US KNEW CHEMISTRY WAS GOING TO BE DIFFICULT, BUT YOU MADE IT FUN AND EDUCATIONAL, BUT THERE WERE SO. MANY. LAB REPORTS. NOW YOU ARE HELPING SOME OF US FIGURE OUT HOW TO DO PHYSICS PROBLEMS THAT SEEM WAY TOO HARD BUT YOU KNOW HOW TO MAKE IT LOOK SO EASY AND ARE ABLE TO TEACH US. THANK YOU FOR ALL THE HELP AND SUPPORT YOU GAVE US THESE LAST FEW YEARS.



Senior '19



Susan Elaine Atwood

"I stopped caring a long time ago."
~ Creed Bratton, The Office

Salem, Hildene, Prom, Homecoming, Winter Carnival, Hoffmann's class, 8th period with Ms. Marcus, Mr. Delizza "Wake up tubby.", Ms. Kennedy and retaking Pre-Calc, Blue Ivy (the beta fish) dying, Ms. Pritchard and all my art classes, Señor Svóboda/Señora Garcia and all my Spanish classes, and Proctor Theater.

I, Susan, leave Ms. Kennedy a student who doesn't do any work and has to retake Pre-Calc. I leave Hailey somebody to be her best friend at school. I leave Andrew a reminder to be quiet and not bother me. I leave Ms. Pritchard a stubborn student who does their work (but not really). I leave Mr. Curtis my unfinished work for *Animal Farm*, a heated game of Kahoot, and an Alexa playing rap songs.



Life is too short to spend it at war with yourself.

Watching Jade be the Mad Hatter and laughing til my stomach hurt. Bio with Ms. Marcus. History with Mr. Mott, and all the weird things the seniors did on a daily basis.



I Nick B., leave Scott Meighan my spot in Bio, Andrew Elrick something random, and Sawyer Perkins our spot in the hallway.

Nick Blongy

Deven Hunter Blow

Full send or no send.

Winter Carnivals, Homecoming games, and bonfires.



"Instead of seeing what they want you to see, you gotta open your brain to the possibilities." ~ King Bumi

My favorite memories at PHS are Winter Carnival, Salem Trip, 2015, soccer championships, our Homecoming bonfire, lunch with Peggy, Street Law and History with Mr. Mott, Science classes with Ms. Marcus, and Mrs. Digan.



I, Patrick, leave my pencils and pens to Robert.

Patrick Edwin Carroll

Sarah Elizabeth Clough

"Sometimes you will never know the value of a moment until it becomes a memory." -Dr. Seuss
Salem, Homecoming, Winter Carnival, 8th periods with Ms. Marcus, JM's fish ran away, late night adventures, DD runs, Hampton, Denny's, 1/2 Apps with LM & AG, Hoffmann's English class sophomore year, Forensics, junior year, Prom, photosynthesis -> Proctor, yearbook, biology, Ms. Marcus and Mrs. Digan, pieing Ms. H., Ms. Trombetta's class with NG, JR, JP, AG, CR and her zoo, mashed potatoes, canned frosting, games with Andrea, Mr. Delizza, Ms. Jillman, Engineering senior year, any class with Mr. Mott and him talking about Trump, playing pig with Corn, Taco, candy hearts, Hildene.
I, Sarah Clough, leave LH a sarcastic answer for when she says "Good morning, Sarah, how's your morning going?", KS, SW, TJ, LF, yard games and a shot in the foot.



"Chase your dreams but always know the road that will lead you home again." ~Tim McGraw

Winter Carnival, Spirit Week, singing with stage band, laughing/ crying with Ms. Marcus.



I, Carly, leave my sister Maddie, a great senior year.

Carly J. Flanders

Amanda Jean Gates

Proms and Hocos with LM & SC, Puerto Rico, Mrs. Hoffmann's English 10 class, Bio class, Yearbook with LM, PC, JR, RL, & LT. Ad Day. Drives with LM & SC. Half Apps, Denny's, and DD. Hampton with LM & SC, summer 2018, Salem. WC.

"The expected is just the beginning. The unexpected is what changes our lives." ~ Meredith Grey

I, Amanda, leave Lele a "hello" every day, LT yearbook memories, AR and Lele Puerto Rico memories.



Getting a ride to school from Nate Greb's mom and sitting in the cafeteria for an hour before school started.



I, Greg, leave my spot in E/P to Gabe Parker

... has been released from his four year sentence

Gregory Godda

Nathan Greb

I remember winning three state championships from the bench. I remember winning the costume contest in the eighth grade for dressing up as a girl.

"Fear is the path to the dark side. Fear leads to anger. Anger leads to hate. Hate leads to suffering. I sense much fear in you." ~ Yoda

I, Nathan, leave Hunter M. my food locker, Solomon P., Terry, and Joe V., my spot at the table, and Rachel S. a "big body" shout.



Lillian Mable Lang

"P is for Carroll!" The Love I Have For My Family, TT. Prom Parties. "LILLY WHERE ARE WE?" Proms with Dakota, JR, PC, RD, LB, and MM. TRUCK!!!, Machete Not Mustache. Lilly, "There is a door there." MD School. Cirrhosis of the Kidney. PD. Car Rides with PC. Summers @ C.U. Nerf Gun Wars. Jersey with PC and RL. This Never Happened. SSSHHH...

"What made me tough almost killed me, at least that's how I remember the story. Over the years I've forgotten how it was. But I survived and I won't walk down the same old road that they all followed. It only leads to a life not meant for me." ~ Andy Black

I, Lillian, leave Robert Lang the smiles, laughs, and funny geography quizzes that we shared throughout this entire year. I leave my friends all the memories we have shared over the years. To Ms. Kennedy, I leave her my appreciation for always having an open door to complain and rant, and always giving me advice when I needed it the most. I leave my grandmother Rose the ability to look down upon me and see the woman I have become. Lastly I leave my parents the cherishable memories and moments we shared. Even when I go to college, always remember I am only a phone call away, I will always be there for you. I love you forever and always!



Heather Kimball

"Sometimes you will never know the value of a moment until it becomes a memory."

~ Dr. Seuss

I, Heather, don't leave anything for Proctor High School, but I do leave my best wishes with those who take the chance and go to Stafford Technical Center to start a new path in life with new experiences and amazing people, such as Mr. Woodard.



Perkins puking in 10th grade English, Nate puking in his mouth at assembly.

I, Jacob M., leave Joe V. my parking spot. Brennon a hug. Conner a Fortnite game, and Solomon my spot at the lunch table.



"I don't take L's." -Jacob May

Jacob May

Leah Jane Moody

The best things in life are the people you love, the places you've seen, and the memories you've made along the way.

Prom and Homecoming with AG, SC, SA, & SP. Nighttime drives, Denny's, DD runs with SC & AG. Yearbook with Mrs. Tilden, AG, RL, JR, & PC. Tenth grade English with Mrs. Hoffmann. Spanish classes with Señora Garcia & Señor Svoboda. 8th period on Mondays with Ms. Papandrea (English). Two years of precalculus with SA & Ms. Kennedy. Engineering, Salem, Stage Band, Halloween parades, dances, Winter Carnival, Fall Festival, Proctor Theater, and Art Club.

I, Leah, leave all the great memories I have from my experience at Proctor High School to every student in the future, in hopes that they will have the same heartfelt experience.



Sarah Lynn Pecor

"Life's a climb, but the view is great." ~ Miley Cyrus

I won't ever forget what it felt like to be a Phantom. To represent such an outstanding community is a true blessing.

I, Sarah P., leave my brother, TJ Pecor, much success in his high school career.



Jacob Andrew Perkins

"Do not pray for an easy life, pray for the strength to endure a difficult one." ~ Bruce Lee

Varsity soccer, basketball, baseball (13-19), soccer championships x2, Puerto Rico trip (Good Boy and Edwin), HOBY 2017, Yale Model UN 2018, Winter Carnival, study hall hijinks, reading *The Crucible*, Salem trip, lunch with Chief Justice Paul L. Reiber, and Class Marshal 2018.

I, Jacob Perkins, leave Gabriel Parker the optimism for a better world, and Lego Star Wars memories.



Jacob Roundy

"I don't fear commitment. I fear wasting my time."

~Trippie Redd

My favorite memory is December 6th, 2016.



Jacob O. Plucin

"I'm only here so I don't get fined." ~ Marshawn Lynch

The time I was incorrectly folding a burrito and Nate slapped it out of my hands and taught me how to fold it correctly. It was a good burrito.

I, Jacob P., leave my comedic genius to Joe Valerio.



Jadella Rivers

"We're all stories in the end. Just make it a good one, eh?" ~The Doctor

I, Jade, leave my acting ability to any future thespians.



Dylan Scott



2019



Senior

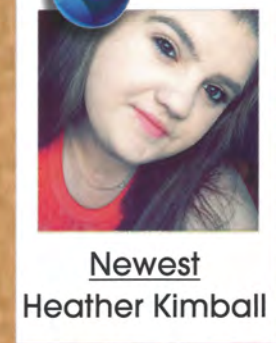
Superlatives



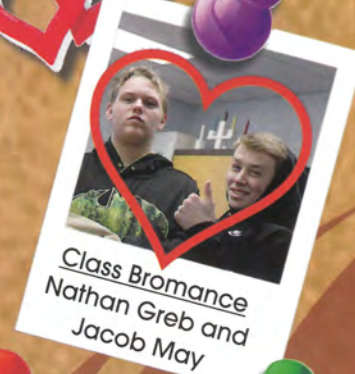
Most Moody
Leah Moody



Should Have Lived in the '80s
Susan Atwood



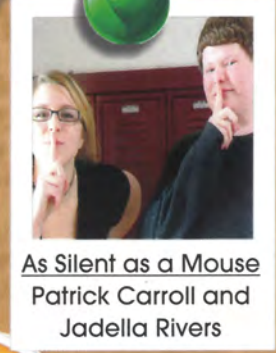
Newest
Heather Kimball



Class Bromance
Nathan Greb and Jacob May



Always Helpful
Lillian Lang



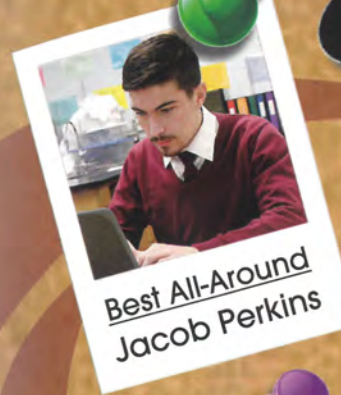
As Silent as a Mouse
Patrick Carroll and Jadella Rivers



Best Hair
Jacob Plucin



Class Electrician
Deven Blow



Best All-Around
Jacob Perkins



Best Comebacks
Jacob Plucin



Best Eyes
Sarah Clough



Most Mysterious
Heather Kimball



Class Couple
Susan Atwood and Jacob Roundy



Best Gamer
Jacob May



Punniest
Amanda Gates



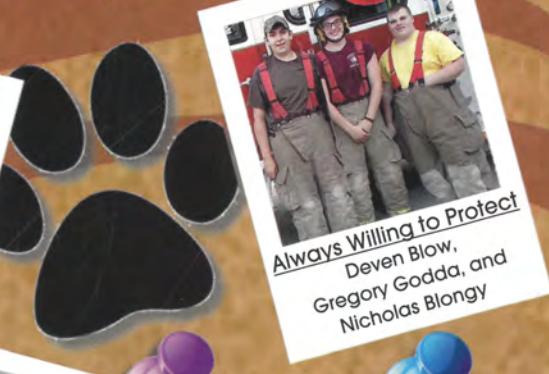
Best Dressed
Jacob Perkins



Most Gullible
Sarah Pecor



Animal Lover
Jadella Rivers



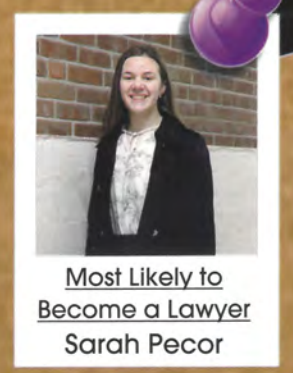
Always Willing to Protect
Deven Blow, Gregory Godda, and Nicholas Blongy



Class Beauty Guru
Carly Flanders



Class Fitness Guru
Gregory Godda



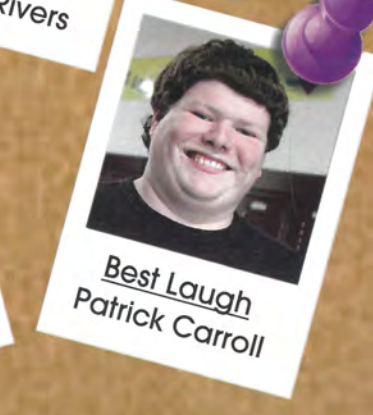
Most Likely to Become a Lawyer
Sarah Pecor



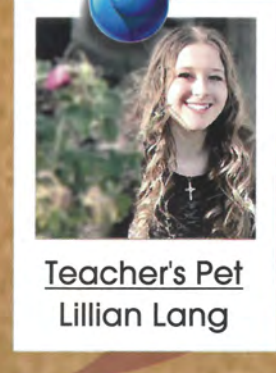
Most Opinionated
Sarah Clough



Most Likely to Not Answer Emails
Dylan Scott



Best Laugh
Patrick Carroll



Teacher's Pet
Lillian Lang

To Do List:
SO
MANY
THINGS!
UGH



Senior Pets

Mr. Snuggle Whiskers

Chubs

Roger

Pudlin

Sugar baby

Big Rhonda

Olaf, Bear, Noname

Zee

Finn

Sarah Clough

Amanda

Mickey

Carly

Lilly

Max

Callie

Heather

Cujoo

Jacob Roundy

Molly

Groot

Snow

Bob

Lillian

Thumper

Ollie

Daphne

Susan

Penny

Labby

Pumpkin

Buddy

Abby

Jacob Plucin

Jacob May

Isabella

Cooper

Dylan

Bear

Brandy

LEAH

Stafford Technical Center

YOUR SUCCESS STARTS HERE

Electrical and Plumbing



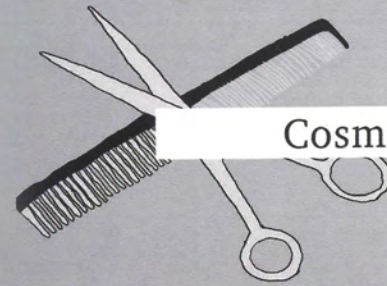
Deven Blow



Gregory Godda



Gabriel Parker



Cosmetology



Carly Flanders

Construction Technology



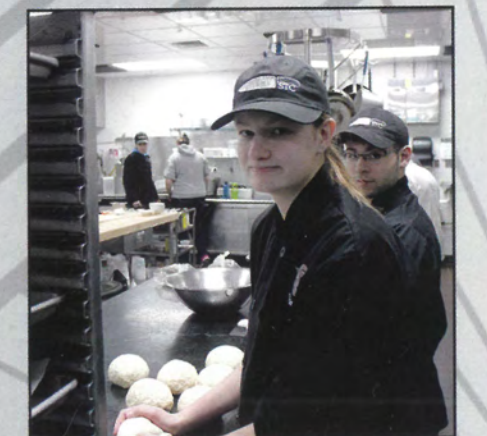
Dylan Scott

Automotive Technology



Heather Kimball

Culinary Arts



Briana Wink





P VP T S SC SC P VP T S SC SC P VP T S SC SC P VP T S SC SC

Underclassmen

"Social Studies is my favorite class because I love learning about history."

~ Gibson Wink

P-President
VP-Vice President
T-Treasurer
S-Secretary
SC-Student Counsel

7th grade

Nathan Cameron
Cameron Cannucci
Bryan Godda
Cadence Goodwin
Isabel Greb
Aidan Hall
Spencer Keener



Brookelyn Kimball
Grace King
Peter Kingsbury
Brennan McKeighan
Brighton McKeighan
Shelby Moody
Dwight Newton



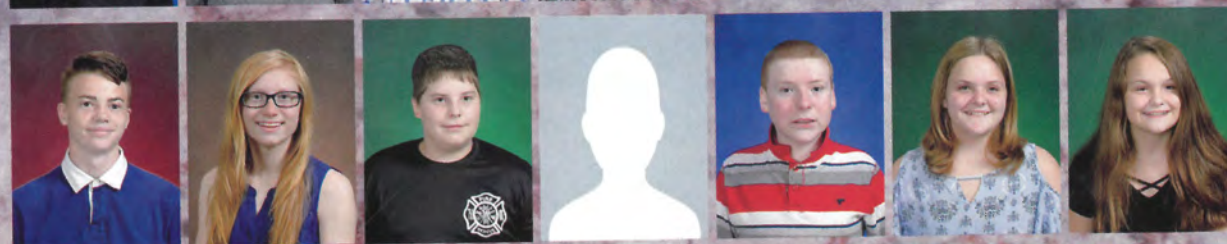
Isaac Parker
Aidan Smith
Gibson Wink

8th grade

Bryson Bourn
Jacob Brochu
Keigan Cavacas
Jenna Davine



Joel Denton
Sophie (Grace) Durkee
Andrew Elrick
Spencer Goetz
Ryan Keener
Cassidy Langlois
Kailei Langlois



Cole Nace
Jacob Patch
Timothy Peer
Bode Richardson
Ryden Richardson
Evan Ridlon
Owen Saceric



Haili Sloan
Zachary Stuhlmueller
Jaikob Traverse
Alexandra Ward
Brandon Wickes

9th grade

Hunter Bridge
Ashley Coltey



Reagan Dean
Zachary DeRemer
Gavin Doperak



7th grade
Katelyn Bassette



9th grade
Caleb Bedard



11th grade
Cierra Bedard



Kassidy Durham
Jan French
Laci French
Treyton Kimball
Peter Maass
Maggie McKearin
Thomas (TJ) Pecor



Cameron Potter
Katelynn Regula
Angel Traverse
Dezirea Traverse
Jasmine Traverse
Kaya Waldo



10th grade

Catherine Cameron
Andrew Colvin
Brennon Crossmon
Richard Cummings-Lagrove
Tyler Eugair
Victoria George
Robert Lang
Madison Lee



Conner McKearin
Hailey Pendleton
Sawyer Perkins
Camden Richardson
Janaya Richardson
Liam Ridlon
Maeve Sheehe



Katelyn Storey
Trey Strickland
Rachel Stuhlmueller
Lucy Tate
Briana Wink
Sydney Wood



11th grade

Allison Almond
Brandon-tieyrl Colvin
Lyndsey Elms
Madelynn Flanders
Chyenne Giddings
Liana Hall
Hunter Manfredi
Miranda Martin



Raleigh McKeighan
Austin McKirryher
Scott Meighan
Gabriel Parker
Solomon Parker
Amanda Reynolds
Joseph Valerio



20

A collage of 11 photographs featuring students from the 2019-2020 yearbook. The photos show students in various settings: two girls smiling, two boys outdoors, a boy's portrait, a boy in a striped shirt, a group of four boys standing together, a boy in a penguin hat, a boy's portrait in a circle, a girl's portrait, a boy's portrait, and a boy lying down.

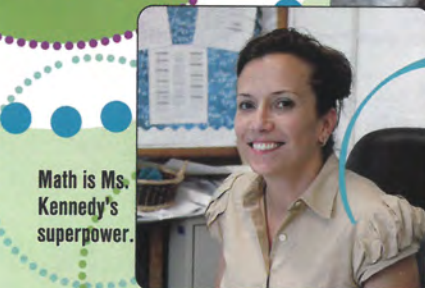




Mrs. Plante is sitting pretty in the lunchroom.



Curao



Math is Ms. Kennedy's superpower.



Ms. Pritchard & Music Papandrea laugh it up at Homecoming.

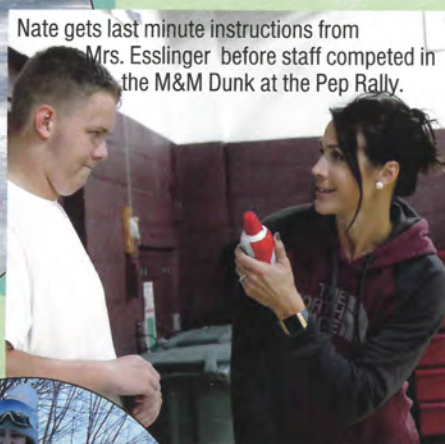
Feeling right @home



Tilden

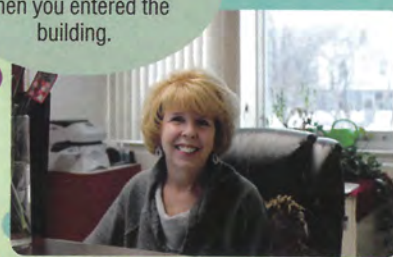


Ms. Marcus strapped on her skates during Winter Carnival



Nate gets last minute instructions from Mrs. Esslinger before staff competed in the M&M Dunk at the Pep Rally.

Mrs. LeBlanc was the first friendly face you saw when you entered the building.



With a passion for skiing, Ms. Hagenbarth feels most at home on the slopes.



Mr. Curtis and Treyton at Fall Festival



Knight



Working in classrooms throughout the building, Al Gregoritsch supported the students and staff in cutting-edge 3D printing & technology integration.

He doesn't like having his picture taken, but Charlie loves a clean and safe building for all.



Mr. Battles and Ian team up to create a Lego structure.



Ms. Arend eagerly engaged her students in meaningful labs throughout the half year she taught middle school science.



Claire Molner scores a point for Team Flannel during Winter Carnival week.



Ms. Ryan and Treyton work on math together.



Hewitt



Sarah and Mrs. Trombetta



Winter Carnival Master of Ceremonies, Mrs. Digan.



Student Support, and PHS restorative justice pioneer, Marian Ackerman fostered relationship-building opportunities in a nurturing environment.



McCuen



Mrs. Cheney and her daughter Arianna bundled up during the chilly Homecoming games.



Gabriel and Ms. Marcus



Gilman

New Arrivals



Maintaining the building in the afternoons, Mr. Slattery treated PHS as he treated the students: with care and kindness.



Coming to us from Illinois with more than 25 years in education, our principal, Mr. Sell led PHS into a learner-centered future.



Mr. Juettner



Mr. Mott, Angel, and Hailey

Proctor Pea Pods



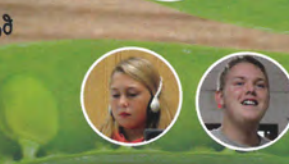
Bedard Pod



Colvin Pod



French Pod



Greb Pod



Kimball Pod



Lang Pod



McKearin Pod



Pagandrea Pod



Pecor Pod



Richardson Pod



Stukmuller Pod



Traverse Pod



Wink Pod



Cameron Pod



Flanders Pod



Gosda Pod



Hall Pod



Keener Pod



Langlois Pod



McKeighan Pod



Parker Pod



Richardson Pod



Ridlen Pod

Clubs



Yale Model

United Nations

Advisor: Gregory Mott
Members: Susan, Leah, Sarah C., Liana, Amanda G., Allie, Amanda R., Sarah P., Joe, and Jacob Perkins

High School



Peer Leaders

Advisor: Tiffany Esslinger
Members: Solomon, Allie, Liana, Torrie, Rachel S., and Joe

Magic: The Gathering



Advisor: Alena Digan
Members: Trey, Zach S., Aidan S., and Rick



Student Council

Advisor: Claire Molner
Members: Zach D., Patrick, Jade, Lucy, Isabel, Evan, Aidan H., Angel, Torrie, Amanda G., Bode (not pictured) Miranda and Rileigh

3D Vermont

Advisor: Madeline Pritchard and Albert Gregoritsch
Members: Katelyn S., Rachel S., Susan, TJ, Lucy, and Torrie.



Girls and Boys State

Advisor: Phyllis Currao

Advisor: Audrey Tilden



Chess Club



Photo Club

Advisor: Audrey Tilden

Advisor: Sarah Marcus



Tennis Club

Student Assembly



Advisors: Madeline Pritchard, Sarah Marcus, and Tiffany Esslinger

Members: Joe, Allie, Solomon, Jacob Plucin, Nathan G., Jacob May, Amanda R., Madelynn, Lyndsey, Liana, Cameron P., Hunter B., Hailey

The Student Assembly class is a group of students who meet every day and plan assemblies to have a positive impact on the school environment. Each assembly has a theme based on student input and is a fun, interactive experience.

"Assembly helped me be more comfortable being in front of people. The cake I helped build for the birthday assembly is the prop I'm most proud of because it was huge."
Hailey Pendleton



"Practices for both Stuart Little and the Wizard of Oz were both very lengthy—many hours after school and the whole Saturday morning. Although it was stressful, it was thrilling to be in the productions. So much work went into the props. Almost none of them were purchased."
-Cole Nace

Theater



Advisors: Benjamin Curtis, Madeline Pritchard, Christina Papandrea, and Sarah Cheney

Members: Susan, Jade, Al, Cole, Cadence, Brookelyn, Maggie, Isabel, Zachary D, Laci, Peter M, Grace K, Isaac, Leah, Solomon,

Proctor Theater is an exceptional program for students to showcase their talents and express themselves through acting and music. This year the theater program presented two productions: Stuart Little in the fall, and The Wizard of Oz in the spring.



Photo Contributor: Brooke Kimball

Winter Concert



Halloween Parade

Dressed up as toy soldiers, high school band plays "You've Got a Friend in Me" practicing for weeks before marching in the Rutland Halloween parade. Other students, dressed up as characters from Toy Story, handed out candy donated by VFW post 648.



Stage Band



Ukulele Class



In the ukulele class Christina Papandrea teaches students how to play the ukulele, along with Hawaiian history and culture. Every student in the class gets the opportunity to build and paint their own instrument, which they will take home at the end of the semester.

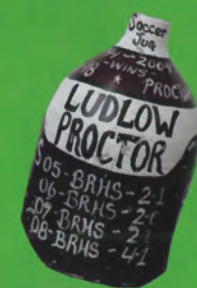
P Phantoms		P Phantoms
PROCTOR	PERIOD	GUEST
FOULS	PLAYER FOUL	FOULS
SCORE	MATCH	SCORE

SPORTS

No one could have predicted what the re-seeding efforts of Taranovich Field would *turnip*. This mishap rendered our beloved home field unusable for the entire season. Lucky for us, CSJ generously offered to host all of our home games and Homecoming on their fields. Despite this setback, our athletes still kept the Jug and the Marbles out of the hands of their opponents.



Although we were unable to hold the annual Jimmy T. Tournament this year, scholarships were still awarded. Jacob and Sarah earned this honor for being good citizens both on and off the field.



Fall Sports Awards

"For anyone who doesn't think they're big enough, strong enough, or fast enough, just keep working.

Show up every day, be a good teammate, and listen."

-Jake Eaton-



Jacob Perkins



Nathan Greb



Solomon Parker



Madison Lee



Joe Valerio



Madelynn Flanders



Allison Almond



Maggie McKearin



Sarah Pecor



Conner McKearin



Allison Almond



Sarah Pecor



Laci French

Buzzell-Gallus Award

Justin Garvey Award

All State



Joe Valerio



Solomon Parker



Conner McKearin



Laci French



Allison Almond



Madelynn Flanders



Maggie McKearin



Sarah Pecor



Madison Lee

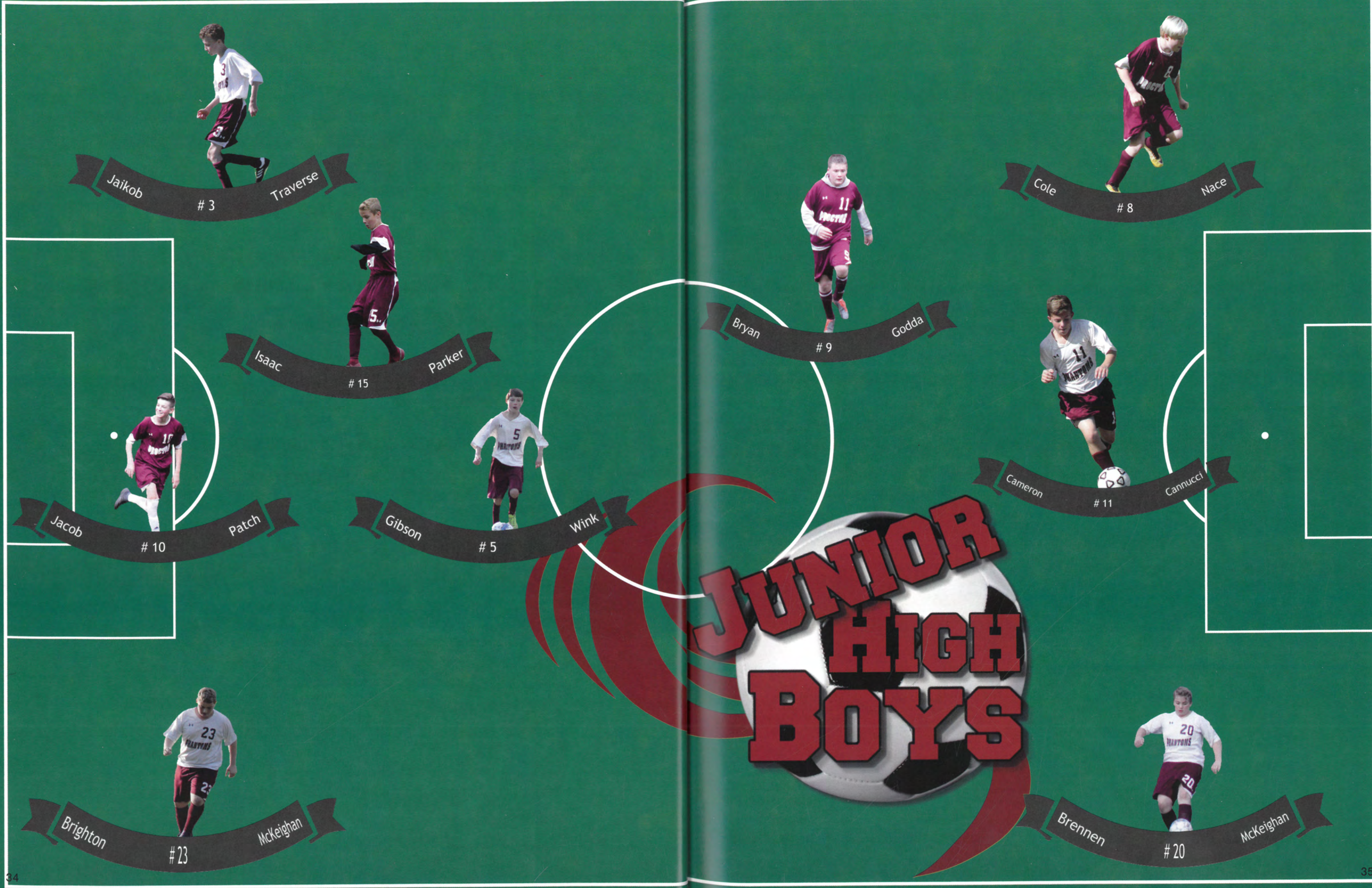
First Team MVL Boys

First Team MVL Girls

Second Team MVL



PHS Track
Briana Wink



Jaikob

3

Traverse

Isaac

15

Parker

Jacob

10

Patch

Gibson

5

Wink

Bryan

9

Godda

Cole

8

Nace

Cameron

11

Cannucci

Brighton

23

McKeighan

Brennen

20

McKeighan

JUNIOR HIGH BOYS

JUNIOR HIGH GIRLS



Jenna # 10 Davine



Brookelyn # 8 Kimball



Cassidy # 21 Langlois



Shelby # 9 Moody



Isabel # 3 Greb



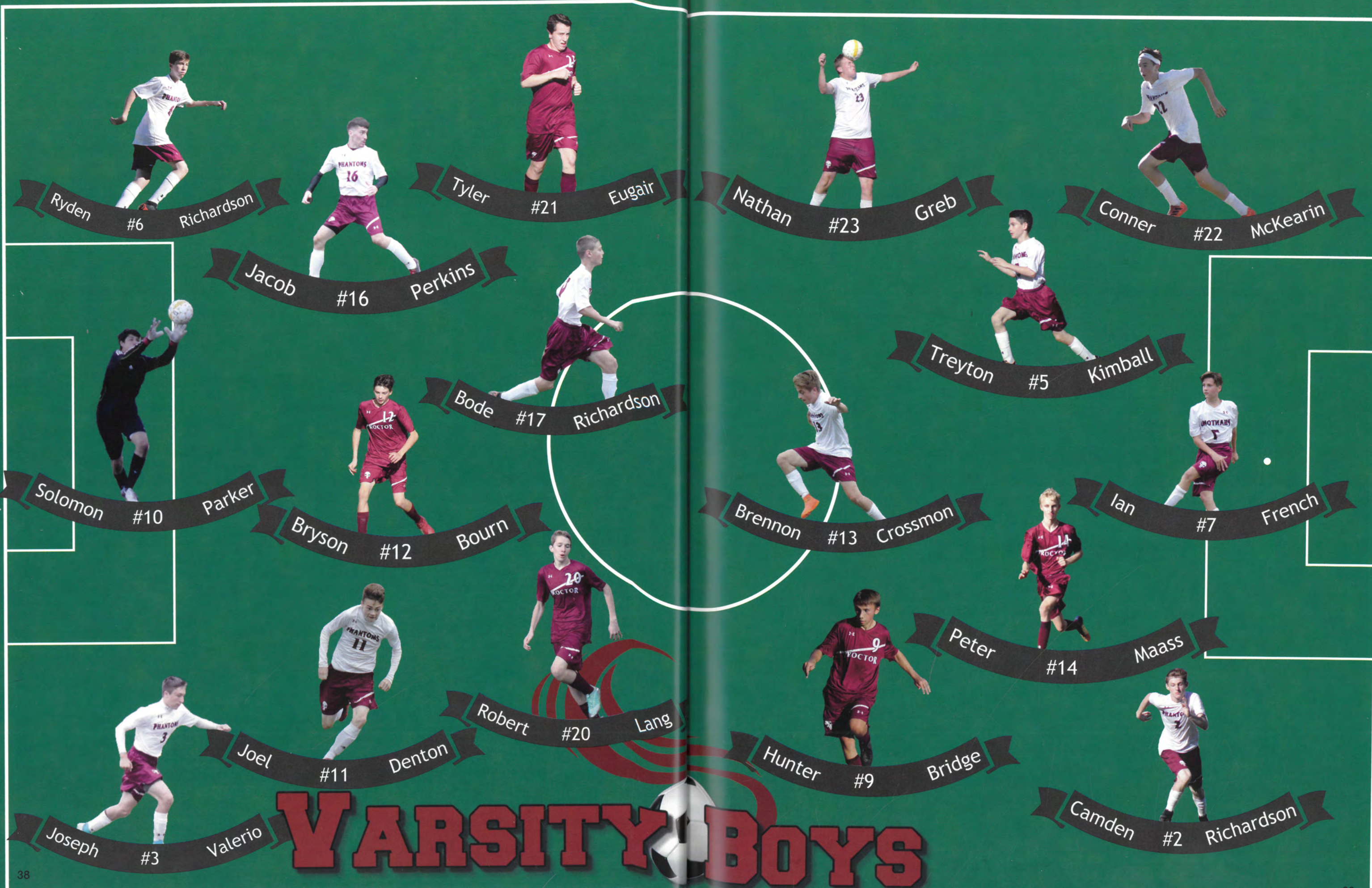
Candence GK Goodwin



Kailei # 13 Langlois



Haili # 4 Sloan



Ryden #6 Richardson

Tyler #21 Eugair

Nathan #23 Greb

Conner #22 McKearin

Jacob #16 Perkins

Bode #17 Richardson

Treyton #5 Kimball

Solomon #10 Parker

Bryson #12 Bourn

Brennon #13 Crossmon

Ian #7 French

Joel #11 Denton

Robert #20 Lang

Peter #14 Maass

Joseph #3 Valerio

Hunter #9 Bridge

Camden #2 Richardson

Varsity Boys



Sarah #10 Pecor



Katelynn #20 Regula



Lucy #16 Tate



Maddie #3 Flanders



Rachel #0/1 Stuhlmuehler



Allie #5 Almond



Amanda #9 Reynolds



Sawyer #18 Perkins



Jasmine #21 Traverse



Dezirea #25 Traverse



Laci #4 French



Katelyn #6 Storey



Maggie #7 McKearin



Victoria #14 George



Angel #2 Traverse



Sydney #13 Wood



Janaya #15 Richardson



Madison #17 Lee



Catherine #24 Cameron



**"It was pretty weird because we were in a different town."
-Cadence Goodwin**

JH Girls

How did it feel to play your Homecoming game on CSJ's field rather than Taranovich Field?

**"I didn't really care that we didn't play on our home field. We might have lost the game but we are all still winners."
-Cole Nace**



JH Boys



**"I was very disappointed because we played on our home field for all these years but for my senior year."
-Jacob Perkins**

Varsity Boys

Results:
JH Girls: W
JH Boys: L
Varsity Boys: L
Varsity Girls: T

**"It was devastating not being able to play on our home field. It didn't feel the same."
-Sarah Pecor**



Varsity Girls





JUNIOR
HIGH
AND
JV BOYS



ROCK The Home Court ADVANTAGE

Isaac Parker

"I was happy to beat Westside twice. OV was a hard opponent but I liked playing them even though we lost."

Cassidy Langlois "Rutland Town had some really good players but we had the best communicators. We beat them by ten and all our players got to play."



Not pictured: Katelyn Bassette



Tyler

Conner

Jacob M.

Solomon

Nathan

Bryson



Joe V.



Jacob P.



Hunter



Brennon

Congratulations
on making it to
the semis!



VARSITY MEN



Jed Knap (RACS)



Peter Carlson (RACS)





Varsity Ladies

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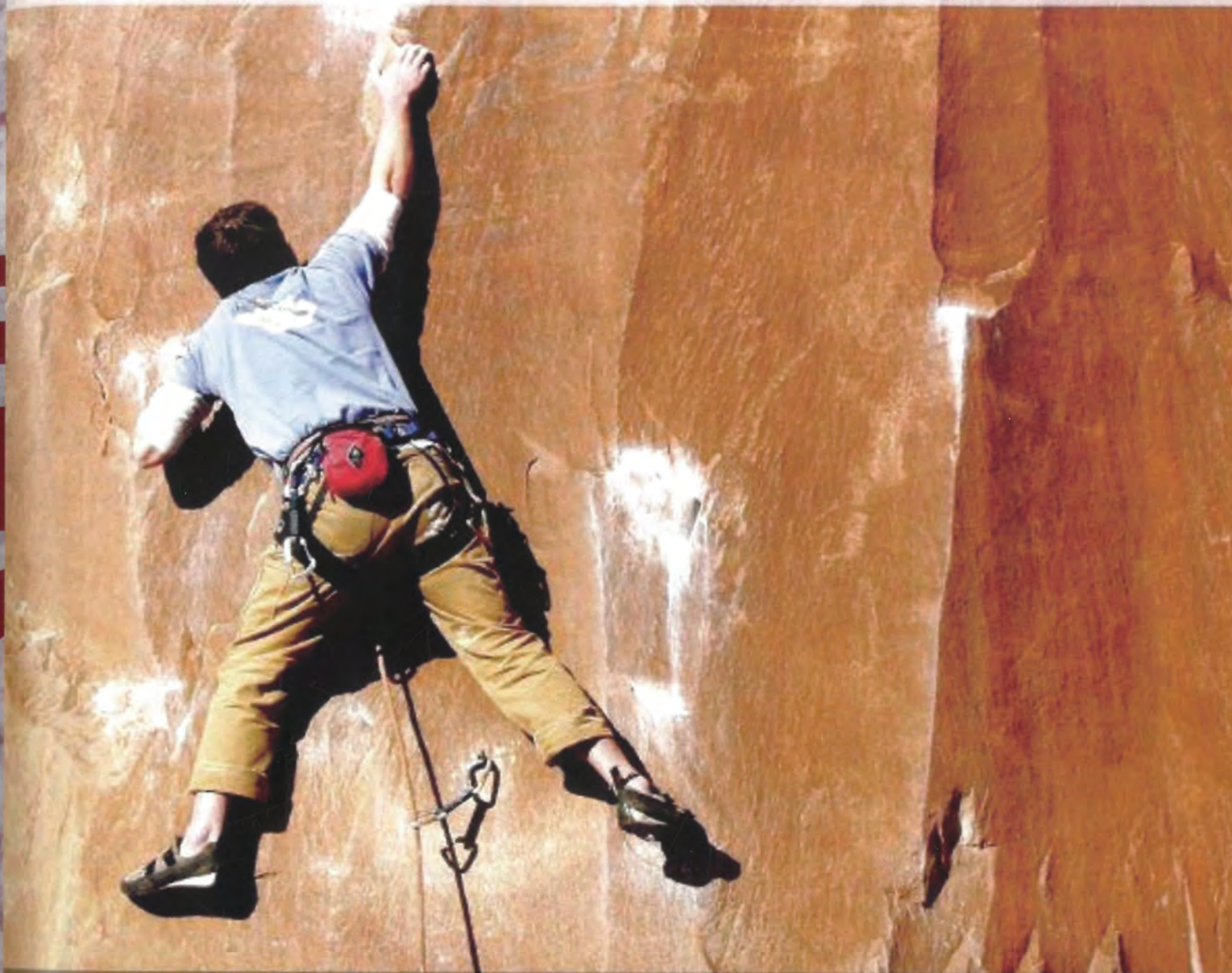



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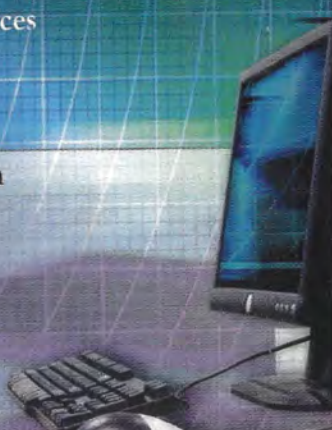
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—Thomas Jefferson



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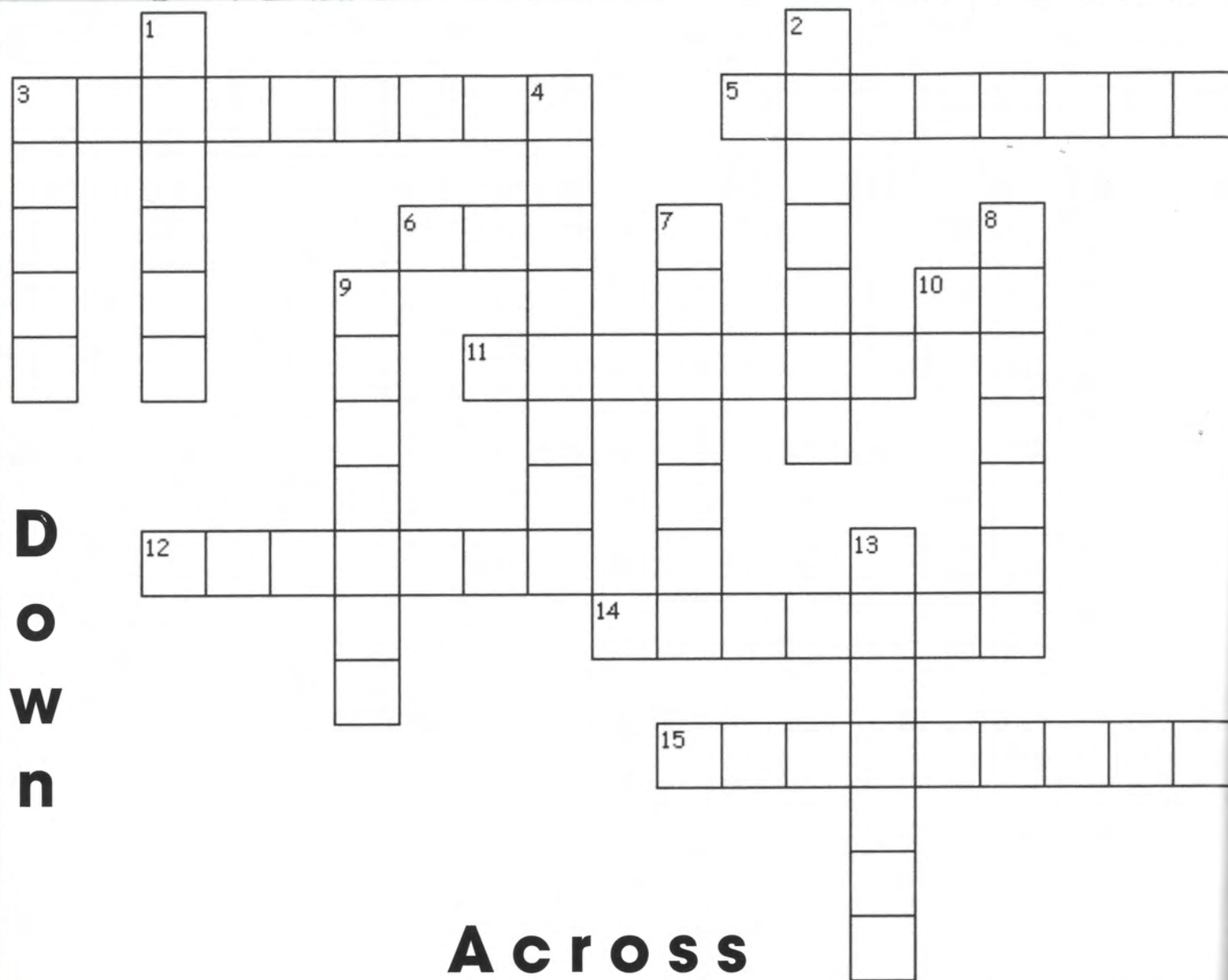
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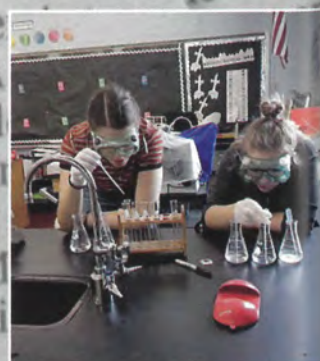
8) What's Brandon doing in class?



14) Liana is always ___ in the hall.



9) What instrument is Cassidy playing?



2) Susan and Amanda are wearing safety ____.



12) Best ___ like Robert and Tyler like to hang out together.



4) Whose science class is Brandon in?



7) Where is TJ drinking his water?



13) Andrew is ___ in the hall.



10) What class is Katelyn in?



6) Where is Chyenne?



11) Ryan is enjoying an assembly with his ___, Spencer.



5) ___ is what Reagan is completing.



15) Cole and Grace are posing with ____.



3) Gavin is playing his ukulele in the ____.



3) Bryan is listening to ___ while working.

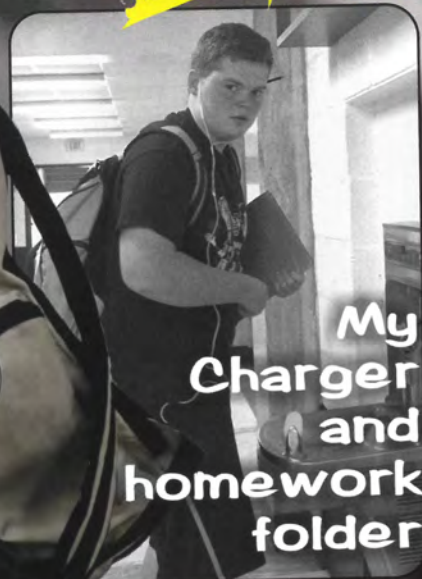


1) Jaikob is doing math in whose room?

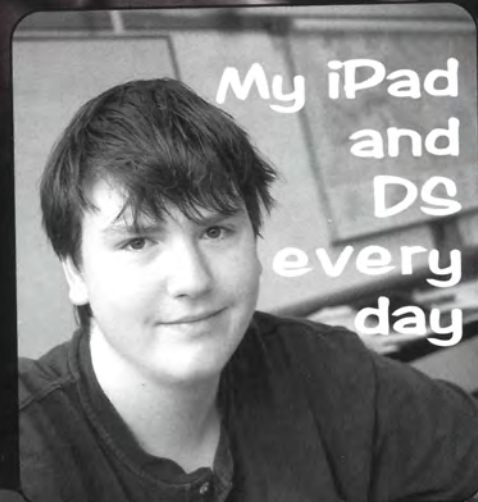
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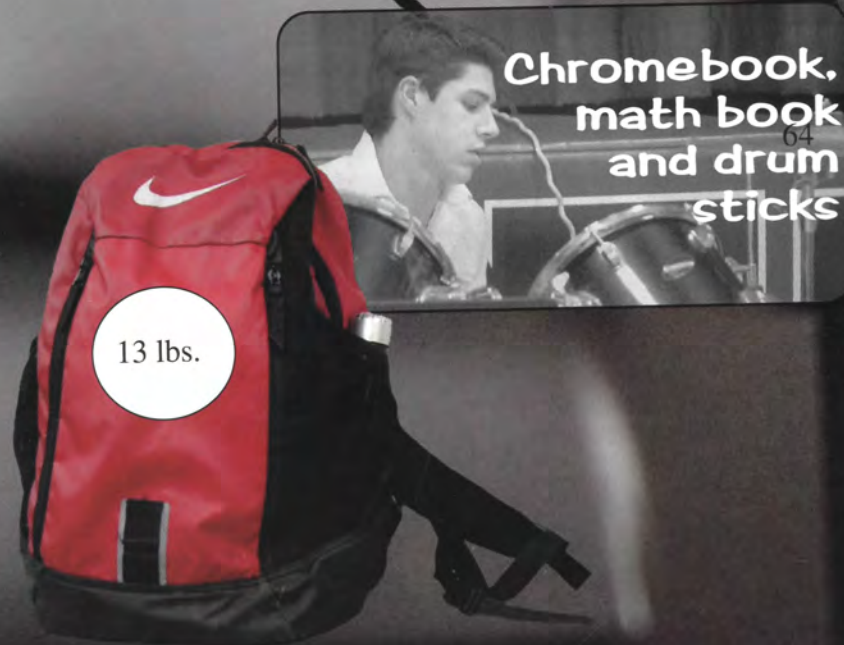


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Charger
and
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folder

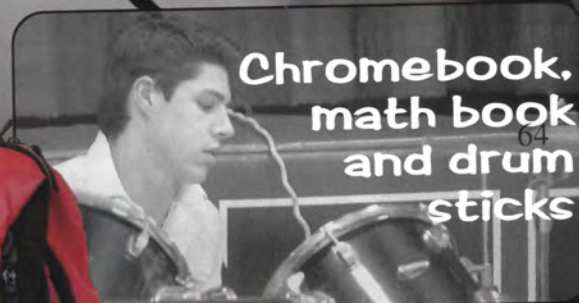


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and drum
sticks



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sneakers and
a bow tie

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ESSENTIALS



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binders
makeup



12 lbs.



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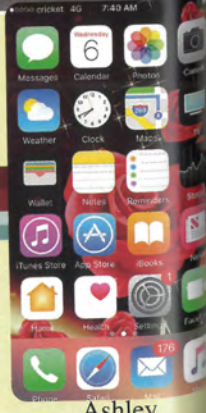
Ian



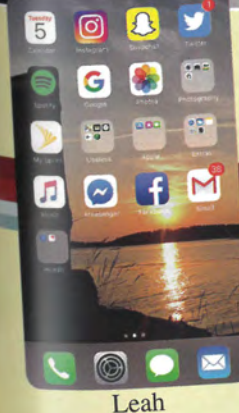
Katelynn R.



Rachel S.



Ashley



Leah



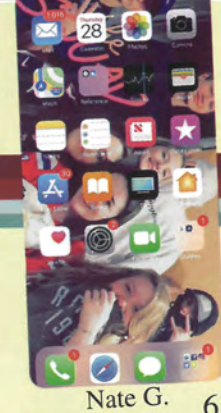
Rick



Jacob Plucin



Angel



Nate G.

FALL FESTIVAL

Hometown events always draw in the community, and the PHS students were right at home working, playing, and showing their PHS pride in the park during Proctor's Fall Festival. The aroma of freshly-popped popcorn and berry pies filled the park while people of all ages played games, painted faces, and soaked a handful of brave souls in the dunk tank. Being treated to Stage Band's renditions of hits such as Darius Rucker's "Wagon Wheel" added beautiful accompaniment to a great day full of fun, food, fall colors, and best of all, community.



Spirit Week



Let the Games Begin!



Maroon Team



White Team



Freshmen

2008-2009



Sophomores



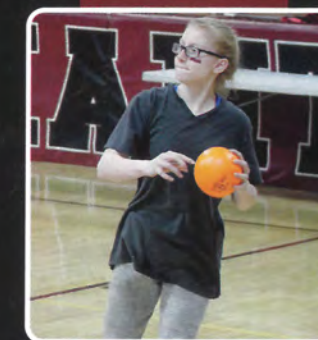
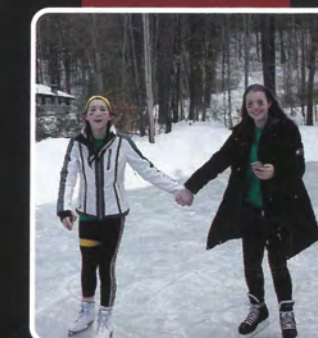
Juniors



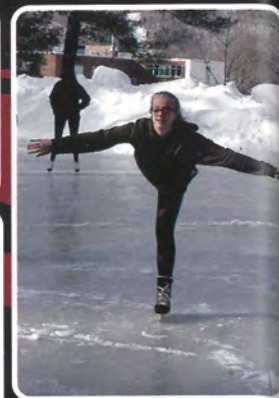
Seniors



Winter Carnival



2019



This year, Winter Carnival consisted of two days instead of just one, but the teams were able to collect points both days. One day was the physical games, and the other was brain games.



Results

1st place tie:
sophomores &
juniors
2nd place: seniors



PICTURE *Perfect*



"Get more friends."
-Grace King



"Don't let small things get in the way of big goals."
-Caleb Bedard



"Have the confidence to pursue what you really want to do because that's what happiness is all about."
-Kim Knight



"Be nice to everyone."
-Maggie McLearn



Note

What advice would we give ourselves if we could go back or forward in time?

To

Self

"Academics matter. The more intelligence you have, the higher your self-esteem will be."
-Phyllis Curran



"Stay out of trouble, and keep up on your school work."
-Bryan Godda



"Trust that your upbringing, your education, your loved ones, and you, yourself, will prepare you for everything you face in the future."
-Stacey Garcia



"Quite honestly, don't mess life up."
-Alexandra Ward



"Have more confidence."
-Miranda Martin



"What you do in high school really does count."
-Kathy LeBlanc



"Be happy!"
-Sawyer Perkins



"Take reasonable chances and get out of your comfort zone more often because that's where the good stuff is."
-Tiffany Esslinger



"Be smart."
-Robert Lang



"Your parents know more than you give them credit for."
-Linda McQueen



"Try not to stress over little things."
-Hailey Pendleton



"Don't overthink so much."
-Caleb Bedard



Our Home

Proctor Skating Rink

"Falling on my back while Grace was pushing me around."

Hailey Pendleton



"Making the ice."

Cameron Cannucci

"Every day that I go skating with friends."

Sawyer Perkins

"When I was trying to teach myself to dive, Gracie told me I kind of looked like a penguin. Then I belly-flopped into the water."

Brookelyn Kimball



"Finally passing the swim test during my 7th grade summer and being able to go to the raft, first dock, and second dock." Angel Traverse

Proctor Pool

Photo contributors: The Rink & Brooke Kimball

Our Story

Proctor Elementary



"Boston field trip with my friends 6th grade year." Grace King

"Our 6th grade graduation. Not for leaving PES, but for growing up."

Nick Blongy

"One of my favorite memories is taking prom pictures with my grandmother at the park." Amanda Gates

"Being dunked in the dunk tank and all the Fall Festivals, and the trains."

Jacob Perkins



Proctor Park

Beaver Pond

"My favorite would be fishing." Timothy Peer



"Swimming all the way across it." Deandre Burns

In October Ms. Pritchard brought her students to Hildene. A rich setting in which the students could hone their sketching skills. "We could sketch anything: the furniture, the house itself, or the garden. I did a chair. Ms. Pritchard wanted us to get more sketching experience and Hildene was a really fun place to do it." TJ recalled. "We went in third or fourth grade so it was fun to go now and see it all over again."

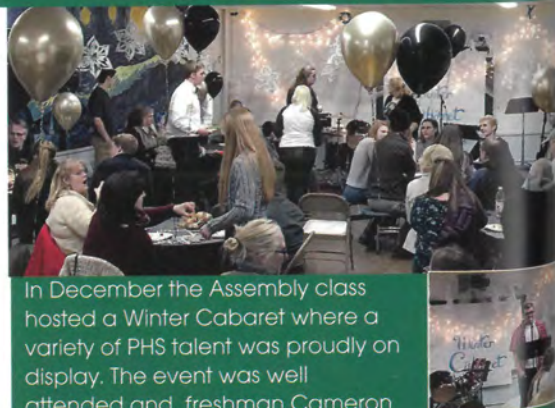


So Extra AND PROUD OF IT

Authentic experiences, enriching activities, and extended opportunities can have an enormous impact on learning. PHS proudly supports its students in creative endeavors that connect learning to life.



When Sarah watched her first trial in Rutland District Court, thanks to the TIPS program, she was hooked. "This initiated my internship. I enjoy my time there very much because it's a real experience at what working with lawyers, secretaries, and victim advocates is like. Everyone I intern for is very interactive and Rose Kennedy encourages me to have a helpful experience for my future."



In December the Assembly class hosted a Winter Cabaret where a variety of PHS talent was proudly on display. The event was well attended and freshman Cameron Potter recalls one presentation in particular: "Jade's was very full of emotion. It was a monologue. The audience was stunned at her emotional performance."



Home for the Holidays

Seventh grade students invited the Proctor community to enjoy some sweet treats at the Proctor Skating Rink in December. A fundraiser for their class, they offered crafts and hot chocolate as well as an opportunity to meet with Santa. Grace King fondly recalled "The best part was seeing my dad dressed as Santa."



Big Buddy Allie pictured here with her Little Buddy, volunteers along with juniors Amanda R., Maddie F., Solomon, Hunter M. and Liana.

Once a week a handful of juniors travel back to their roots at PES to do something special. They volunteer as Big Buddies. Amanda Reynolds talks about the relationships that are being cultivated between PHS and PES students. "Some connections are instant, and some kids are shy but now they're comfortable and have conversations." "I let my Little Buddy do a lot of the choosing of what activities we do together."



Y "This year I was assigned Uganda and I helped make an alliance between Uganda, Hungary, and Lebanon so that if one of us approved a working paper, the others would too. This year I could listen to what other people said more than last year than when I was assigned to a committee for Columbia." Joe Valerio

PHS Restorative Justice student ambassadors TJ Pecor and Laci French, along with Marian Ackerman and Mr. Juettner, received training this year supported by Up For Learning, to strengthen restorative practices at PHS. Laci brings the program into focus, "Restorative practices are an alternative for punishing people. We work to try and resolve an issue and create a partnership between the adults and the students, so students have a voice in process." TJ is eagerly anticipating when his training will be applied directly to the students participating in Circles. "Right now we're just observing the Circles. In the future, we'll be helping to facilitate them."



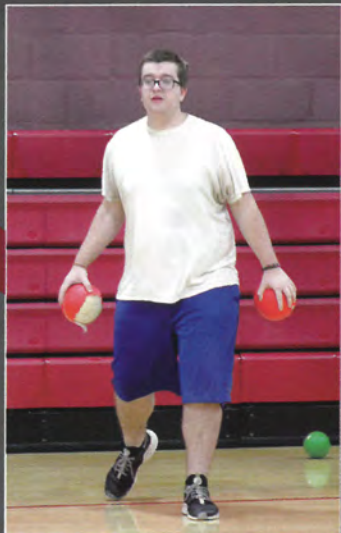
Actively pursuing a career in medicine, senior Amanda Gates attended MedQuest in the summer of 2018. MedQuest is a week-long residential program providing students with opportunities to explore various health careers in a college environment. "I like helping people and seeing the reaction of people being helped. My interest in medicine started when I first volunteered at RRM in 2015." This summer she'll be attending the advanced program. "I hope to have a better understanding of what path I want to choose to pursue in medicine by attending MedQuest again this summer."

PUT US TO THE TEST
Having completed their training, Yearbook students flex their marketing muscles in the Proctor and Rutland business communities.

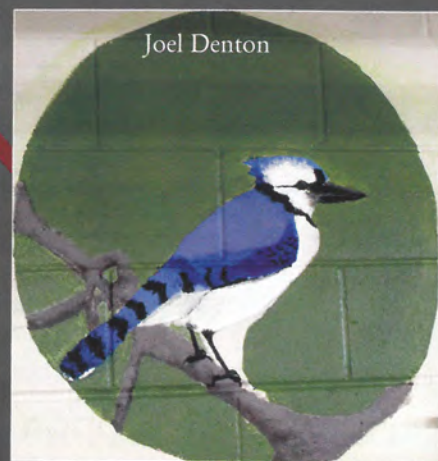


Roots of PHS





Angel Traverse



Joel Denton



Amanda Gates



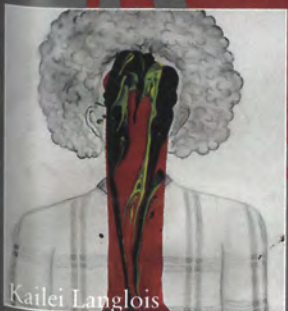
Patrick Carroll



MIND AND BODY



Jacob Plucin



Kaitlei Langlois



Susan Atwood



Jenna Davine



Bryson Bourn



Remember that

ONE

time?



Nathan Greb dresses in all white to support the White team during Homecoming week.



One of the few Pringles that survived the journey through the mail is seen in its homemade package created by the Engineering class.



Eager with anticipation, Cameron Cannucci, Nathan, and Peter Kingsbury waited to see if the ball made it into the Trashketball can.



As the music played in the gymnasium concluding Poetry Out Loud, Peter Maass took to the center of the gym and began to dance, much to the surprise of the audience.



Raleigh and Miranda react with astonishment as Liana hovers the aluminum tin over the Bunsen burner to determine the chemical bond of an element.

With the help of Ms. Esslinger, the juniors tried with all their might to defeat the seniors to be crowned the loudest class, but the seniors took home that bragging right.

One of the stunning works Laci French created during Painting class was this amazing rock sculpture in the shape of Vermont titled "Home", unintentionally yet directly connecting it to our yearbook theme this year.



At the last minute Mrs. Currao pleads to not be dunked again during the annual Fall Festival at the Proctor Park.



With the Halloween parade closing in, Cameron Cannucci, TJ, and Gibson try on their toy soldier costumes to make sure they are ready to march.



On Wednesday, October 17th, the Vermont Supreme Court came to PHS to show us how they operate with real cases. Karen Carroll, a 1981 Proctor High School graduate, is a member of the VT Supreme Court. She has served as a Justice since April 2017. "When I was a student at PHS, the staff connected one-on-one with each of us on all levels. Mrs. Cameron was someone who cared about each of us. I hope every student at PHS can find their one person."



Supreme Court on the Road

In the fall, the Peer Leaders hosted Red Ribbon Week. A nationwide campaign whose goal is to promote a drug-free nation. Charles Laramie, a former teacher at PHS, came to talk about how drugs have affected his life. "Alcohol or drugs can't make you handsome, pretty, rich, or a movie star, but it can take everything away from you."



Red Ribbon Week



Junior High Circles

Throughout the school year, our Student Support counselor, Marian Ackerman arranged multiple groups and circles to foster a positive environment within our school. She also helped students and teachers work together to make classrooms a healthier learning environment. In these circles, students expressed trust, fairness, togetherness and the importance of inclusion. Ackerman says, "That's what's important, making the classroom a cooperative learning environment."



Dr. Seuss Day



Poetry Out Loud



Life Advice



Crime Scene Van



Fingerprinting in Forensics



Bridge Competition

Through the course of the first semester, the Engineering class worked on their bridges in three separate groups. Each group was tasked with the job of designing and producing a bridge using only Elmer's glue and popsicle sticks but withstand significant pressure from a pneumatic press. Alena Digan, the Engineering teacher, said "It's surprising how long it takes Elmer's glue to dry."

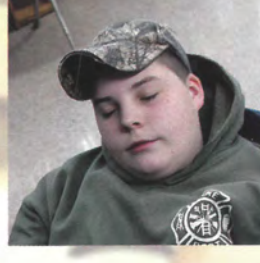
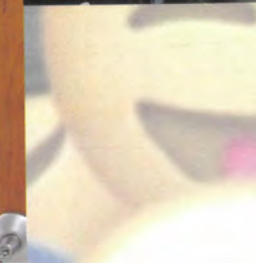
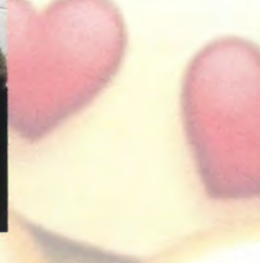
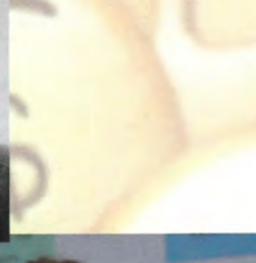
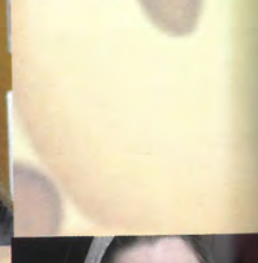
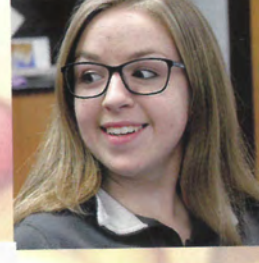
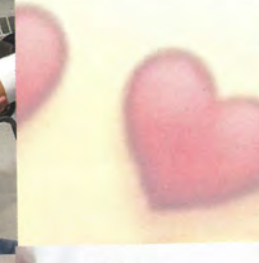
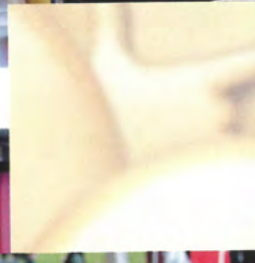
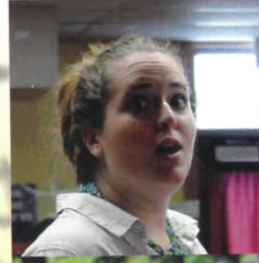
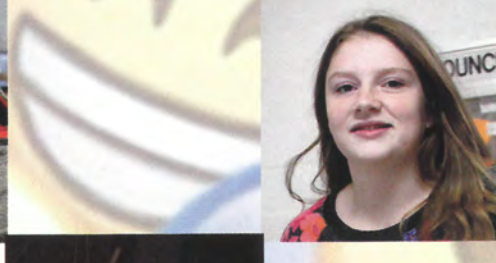
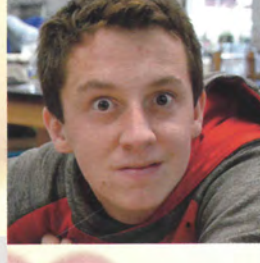
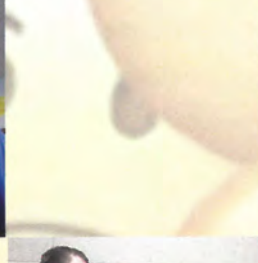
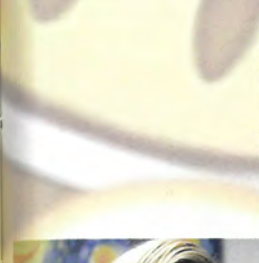
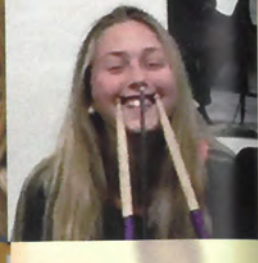
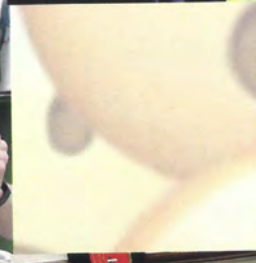
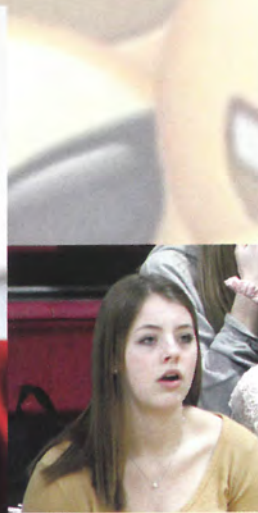
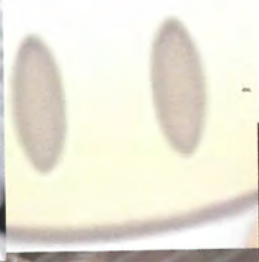
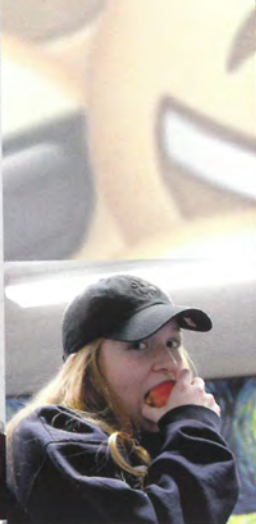


Parachutes



Start With Hello

In September, Student Counsel invited students and staff to spread positive messages throughout the school. Start With Hello, an initiative stemming from the tragedy in Sandy Hook, hopes to spread positivity and create connections for students who may feel left out or are shy. Colorful Post-It messages could be seen all over the building. "Positive Post-It day has been successful in the past and we wanted to begin Start With Hello Week on the right path."



MOOD



Hello Spring!

This page is dedicated to activities that happen after the yearbook is published

Softball



"I think we can make it to the State Championship this year. I love softball because

Allie Almond dingers."

I like to hit

Baseball



"I love baseball because there is always a chance that something great or exciting will happen."

Jacob Perkins

Variety Show



"Cameron Cannucci, Cadence, and I

are dancing to a mash-up of songs.

The audience

will be surprised

at our

transitions."

Isabel Greb

Prom



"My goal is to wear

a dark blue,

high-low dress

with black lace on the top."

Jade Rivers

Graduation



"I'm thankful to be able to graduate with my childhood friends. And I'm excited

to eat the cake."

Amanda Gates



Grad Ads



CONGRATULATIONS!
DEVEN BLOW



WE ARE ALL VERY
PROUD OF YOU!

LOVE, MOM & DAD
AND THE REST OF THE FAMILY!
Proctor Fire Dept. Pittsford First Response.

164. 15. 11. 131. STCE&P 2,3,4

We are so proud and
can't wait to see what the
future holds for you!
We love you!

Mom, Dad, and Rachel



Leah
Jane

To our daughter Sarah on her graduation
day, remember that obstacles don't have to
stop you. If you run into a wall, don't turn
around and give up. Figure out how to
climb it, go through it, or work around it.
You have so much to be excited for.
Today is your day!

Love, Mom & Dad

Sarah
Elough



Amanda Jean Gates

We are so proud of you and excited
as you move from high school to
college. We have no doubt that you
will succeed at college and in
anything you set your mind to.
We love you and congratulations.

Love Mom, Dad, &
Brittany



FOR YOU JADE, ANYTHING
IS POSSIBLE. LET YOUR
IMAGINATION TAKE YOU
TO THE STARS AND
BEYOND. THROUGH
YOUR WORK, ART, AND
CREATIVITY!

We love you, Mom, Dad,
and James.




Sarah We wish you the very best, following
your years at PHS. As you know,

You are our
favorite
granddaughter
and we love
you and are
proud you
are in our life.




We look
forward to
what you
will
accomplish
in your
future.


All our love, Grammy and Grampa



"Go confidently in the direction of your dream. Live the life you have imagined."
Henry David Thoreau





Sarah Lynn Pecor




Sarah, we could not be more proud of you and all your hard work!

Love,
Mom, Dad, and TJ

Carly Flanders







Behind you, all of your memories. Before you, all of your dreams. Around you, all who love you. Within you, all that you need.

CONGRATULATIONS, JAKE!


I am so proud of you! Your hard work, your heart, and your humor will carry you far. Be confident in who you are and always remember that you are

OUTSTANDING!

Love, Brad







Jacob



I cannot be at your graduation, but know that I will ALWAYS be with you!

Love you, Granddad



Sarah Elizabeth Clough




We are so proud of you, Sarah ... all our love, always & forever!

Jenni, Shane, & Paecal



Congratulations to my smart, intelligent, hard working son.






I am so proud of you,

and your dad would also be very proud of you.

I love you, Mom

Jacob Owen Roundy



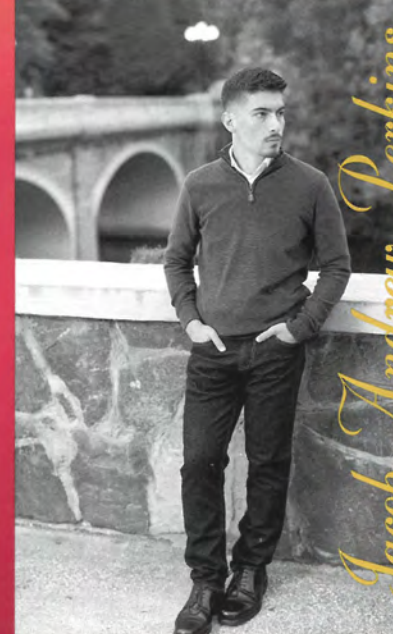
Jacob, we are so proud of the man you have become. You have the kindest soul and a smile that melts our hearts. Spread your wings and fly.

Love you so much!
Mom and Dad

For if I had a million days, time enough for all the praise, I couldn't tell you all the ways, I Love You!

Mom

Jacob Andrew Perkins



PATRICK,

*You are kind, ambitious, and hard working.
You have a goal of becoming a veterinarian.
Do whatever it takes to achieve that goal.
It won't be easy but you can do it.
We are all proud of who you've become.
Love Dad, Mom, Benjamin and Erika.*



NICK-

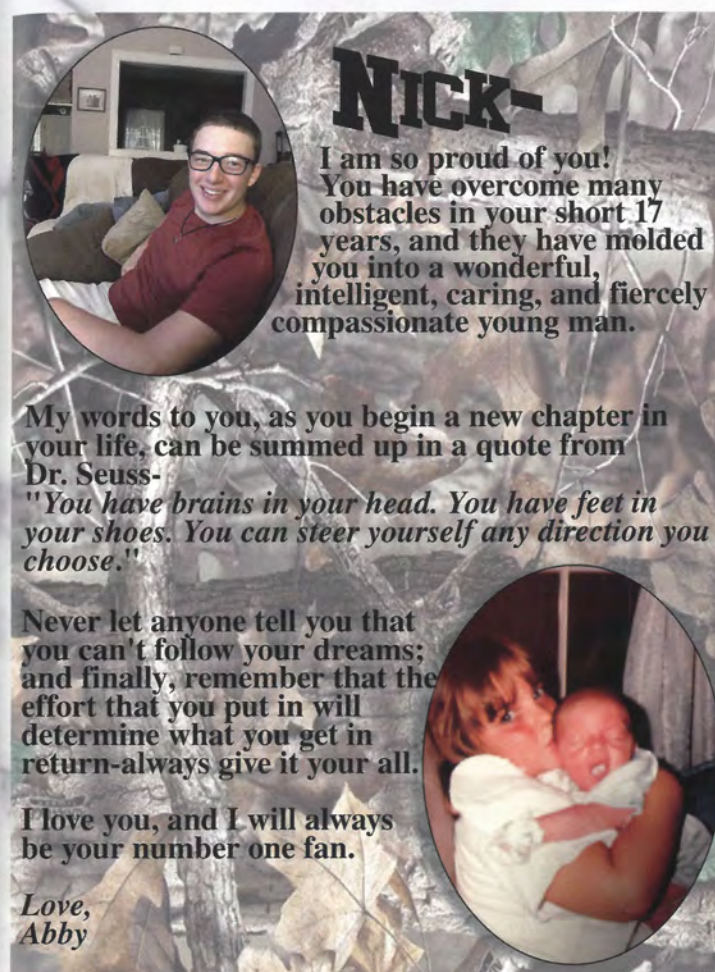
*I am so proud of you!
You have overcome many
obstacles in your short 17
years, and they have molded
you into a wonderful,
intelligent, caring, and fiercely
compassionate young man.*

*My words to you, as you begin a new chapter in
your life, can be summed up in a quote from
Dr. Seuss-
"You have brains in your head. You have feet in
your shoes. You can steer yourself any direction you
choose."*

*Never let anyone tell you that
you can't follow your dreams;
and finally, remember that the
effort that you put in will
determine what you get in
return-always give it your all.*

*I love you, and I will always
be your number one fan.*

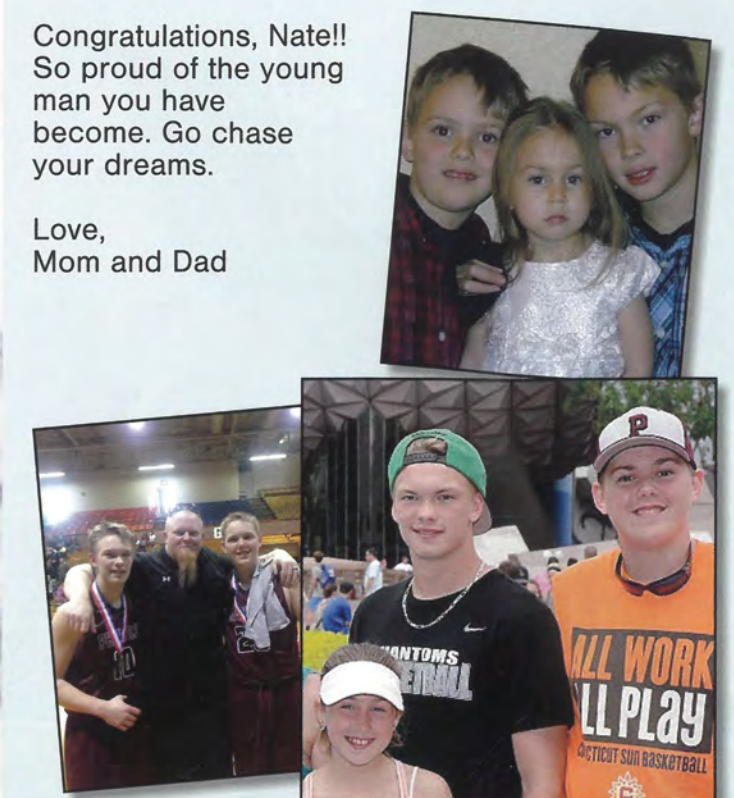
*Love,
Abby*



Nathan Greb

*Congratulations, Nate!!
So proud of the young
man you have
become. Go chase
your dreams.*

*Love,
Mom and Dad*



*Congratulations!
We are proud of the
young lady you
have become.
Love,
Mom and Dad*

*Hoping your last year
is full of great memories!
I know you can do great
things with whatever
you set your mind to.
Best of luck,
Marvin*



You are off to great places. Dream big and keep reaching for the stars!

Congratulations, Jacob!

*You have done such a
great job at PHS
and we are so proud of
you for the hard work
and perseverance that
you have shown.*

*We love you!
Mom, Dad,
Grammie &
Erica*



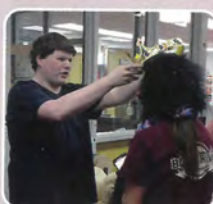


Yearbook in 6 Words

It seems impossible

until it's done

If you ask teenagers what they're doing after school, you may hear any of these responses: "I'm headed to work;" "I'm playing video games;" "I'm volunteering;" "I'm taking a nap;" or "Doing tons of homework." If you ask any of the Yearbook students the same question, you'd hear similar answers, except they'd finish each statement with "...then I'm working on Yearbook pages."



Amanda Gates

"The most fun but stressful experience."



Jade Rivers

"Stress, stress, stress and more stress."



Leah Moody

"Creatively collaborating to create a masterpiece."



Patrick Carroll

"Pain in the butt and excruciating."



Ad Day

Perhaps they're messaging me to look at the changes they've made to a spread, or assuring me that they've asked a classmate four times to send them the picture they need to complete a page. Or, they're at one of dozens of evening athletic games or school events ensuring everyone is covered. This yearbook was created for students, by students. The staff's grit, dedication, and perseverance in the face of challenges made this issue of the Proctorian a thing of beauty to treasure for years to come, and it has been my pleasure to work alongside each and every one of them.

"Yes, spelling and punctuation matter. Always and forever."

"We ate food almost as much as we talked about food."

"Why is that funny?" "We're teenagers."

"I'm overweight because I eat too many tomatoes."

"Sense of urgency levels: milk, hot sand, boiling water, lava."

"You're a stop sign. So yes, Amanda. It's fiction."

"Oh my gessum, I sat on the phone." -A.T.

"Amanda's business idea: fuzzy Death Dancers."

"Eating Spangolish snacks + listening to him sing Don't be a fork."

"Dante's bold move: choosing cutouts for all the soccer spreads."

"That time we almost forgot to put junior high boys soccer in the book."

"University of Acer-Tainplace -f.R."

"Your page is very sticky-notey."



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